



# SOCIOLOGY OPTIONAL FOUNDATION 2027

For UPSC Civil Services Examination

“  
*Understand Sociology.  
Think Sociologically.  
Write for **UPSC**.*  
”

**Dr. Surendra K. Singh**

Ph.D., University of Delhi

 **27+** Years of Teaching Sociology



Paper I & II | Thinkers | PYQs | Answer-Writing Guidance | Personalised Mentorship



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WhatsApp: 8851618168



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# WHY THIS FOUNDATION?

## KNOWING SOCIOLOGY IS NOT ENOUGH.

### YOU NEED TO THINK SOCIOLOGICALLY.



Sociology Optional is often mistaken for a subject that can be mastered simply by reading thinkers, memorising definitions and collecting examples. But UPSC demands something more—the ability to **interpret society sociologically, apply theory, connect concepts and construct an analytical argument.**

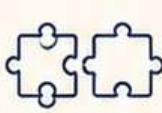
#### COMMON CHALLENGES FACED BY ASPIRANTS



I know the thinkers,  
**but don't know  
where to use them.**



My Paper II answers  
**start sounding like  
GS answers.**



I study Paper I  
**and Paper II  
separately.**



I have content,  
**but struggle to  
interpret PYQs.**



I know the topic,  
**but cannot  
convert it into a  
sociological answer.**

#### THE IAS PASS SOCIOLOGY APPROACH

1



#### UNDERSTAND

Develop conceptual clarity over theories, concepts, thinkers and methods.

2



#### THINK

Learn to examine social phenomena through a sociological lens.

3



#### LINK

Integrate Paper I concepts with Paper II Indian Society.

4



#### APPLY

Use theories and thinkers to analyse contemporary social realities.

5



#### WRITE

Translate understanding into analytical, well-structured UPSC answers.

The objective is not merely to complete the syllabus.  
**It is to develop a sociological way of thinking.**



## MEET YOUR MENTOR

# Dr. Surendra K. Singh

### 27+ Years of Teaching Sociology

Ph.D., University of Delhi.

Teaching Sociology to Civil Services aspirants since 1999.

Over the course of his teaching career, Dr. Singh has taught and mentored aspirants at leading institutions including Rau's IAS, along with other academic engagements.



### From Classroom Teaching to More Personalised Guidance



Conceptual difficulties



Sociological thinkers



Paper I-Paper II integration



PYQs



Answer-writing approach



Preparation strategy



Academic doubts



Faculty WhatsApp support



Experienced teaching + accessible mentorship +  
direct academic interaction.

# COMPLETE PAPER I + PAPER II FOUNDATION

Build a complete and integrated Sociology Optional base for UPSC.



## PAPER I – Fundamentals of Sociology

Build the conceptual toolkit of Sociology.



- |   |  |                             |    |  |                                 |
|---|--|-----------------------------|----|--|---------------------------------|
| 1 |  | Sociology – The Discipline  | 6  |  | Work & Economic Life            |
| 2 |  | Sociology as Science        | 7  |  | Politics & Society              |
| 3 |  | Research Methods & Analysis | 8  |  | Religion & Society              |
| 4 |  | Sociological Thinkers       | 9  |  | Systems of Kinship              |
| 5 |  | Stratification & Mobility   | 10 |  | Social Change in Modern Society |



### CORE THINKERS

Marx | Durkheim | Weber | Parsons | Merton | Mead

Concept → Argument → Critique → Comparison → Application



## PAPER II – Indian Society: Structure and Change

Learn to analyse India sociologically.

- |   |  |                                  |    |  |                                     |    |  |                     |   |  |                    |
|---|--|----------------------------------|----|--|-------------------------------------|----|--|---------------------|---|--|--------------------|
| 1 |  | Perspectives on Indian Society   | 2  |  | Rural & Agrarian Structure          | 3  |  | Caste System        | 4 |  | Tribal Communities |
| 5 |  | Social Classes                   | 6  |  | Kinship & Family                    | 7  |  | Religion & Society  |   |  |                    |
| 8 |  | Industrialisation & Urbanisation | 9  |  | Politics & Social Movements         | 10 |  | Population Dynamics |   |  |                    |
|   |  |                                  | 11 |  | Challenges of Social Transformation |    |  |                     |   |  |                    |



### INDIAN SOCIOLOGISTS

G.S. Ghurye | M.N. Srinivas | A.R. Desai



Complete Paper I + Paper II coverage without treating them as isolated papers.

Conceptual clarity • Thinkers • Indian Society • Integrated understanding

# PAPER I × PAPER II INTEGRATION

**One Optional. Two Papers. One Integrated Understanding.**

The real strength of Sociology Optional lies in integrating theoretical concepts with Indian social realities.

## PAPER I → PAPER II

Concepts & Theories → **Indian Society: Structure & Change**

- |   |                                                                                     |                      |   |                                                   |
|---|-------------------------------------------------------------------------------------|----------------------|---|---------------------------------------------------|
| 1 |    | Stratification       | → | Caste, Class & Gender in India                    |
| 2 |    | Marx & Weber         | → | Class, Power, Status & Inequality                 |
| 3 |    | Religion & Society   | → | Religious Communities, Secularisation & Change    |
| 4 |  | Kinship              | → | Family, Marriage, Household & Patriarchy          |
| 5 |  | Work & Economic Life | → | Agrarian Classes, Labour & Informalisation        |
| 6 |  | Politics & Society   | → | Democracy, Citizenship, Elites & Social Movements |
| 7 |  | Social Change        | → | Development, Urbanisation, Education & Technology |

## APPLY SOCIOLOGY TO THE WORLD AROUND YOU

Learn to apply Sociology to contemporary realities.

-  Caste & Social Mobility
-  Gender & Social Relations
-  Changing Family Structures
-  Migration
-  Urbanisation
-  Digital Society
-  Changing Nature of Work
-  Inequality
-  Religion & Society
-  Social Movements
-  Education
-  Development & Social Change

**Don't merely collect examples.**  
Learn to interpret them sociologically.

## THINKERS ARE TOOLS, NOT TOPICS.



Understand  
Core Ideas



Analyse &  
Compare



Critique &  
Evaluate



Apply to  
Indian Society



Use in  
UPSC Answers



**Integration** builds conceptual depth, enriches examples  
and makes answers **distinctly sociological.**

# PYQs + ANSWER WRITING

## From Knowing the Syllabus to Answering UPSC

UPSC rewards those who understand the question, apply concepts and write analytical, well-structured answers.

### PYQ-ORIENTED PREPARATION

Relevant Sociology Optional PYQs will be integrated with classroom teaching to understand:

-  Recurring themes
-  Changing patterns of questioning
-  Question demand
-  Conceptual depth expected by UPSC
-  Application-based questions
-  Paper I–Paper II linkages
-  Different ways the same theme can be asked

“ Don't memorise model answers. Learn to understand the question. ”

### ANSWER-WRITING GUIDANCE

Students will be guided to transform knowledge into powerful, sociological answers.



#### Key Focus Areas

- ✓ Use of sociological vocabulary
- ✓ Application of thinkers and their ideas
- ✓ Theory–example integration
- ✓ Arguments, counter-perspectives and evaluation
- ✓ Linking Paper I concepts with Paper II realities
- ✓ Effective introductions and analytical conclusions



### IMPORTANT CLARIFICATION

This Foundation programme includes answer-writing guidance, PYQ discussions and mentorship. A formal Sociology Optional Test Series is not included.



Understand the Question.



Apply Sociology.



Write with Depth.



Score with Distinction.



# PROGRAMME FEATURES

Everything you need to build a strong Sociology Optional foundation.

The Sociology Optional Foundation 2027 is designed to offer conceptual clarity, application-oriented learning and direct faculty guidance under Dr. Surendra K. Singh.

## WHAT THE PROGRAMME INCLUDES

- |                                                                                                                                                                                                                             |                                                                                                                                                                                                                |                                                                                                                                                                                                        |                                                                                                                                                                                                              |                                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>1</b></p>  <p><b>Complete Paper I &amp; II Coverage</b></p> <p>Systematic coverage of the full UPSC Sociology Optional syllabus.</p> | <p><b>2</b></p>  <p><b>Live Online Classes</b></p> <p>Interactive classes in English, Monday to Friday, 11:00 AM–1:30 PM.</p> | <p><b>3</b></p>  <p><b>Class Recordings</b></p> <p>Recordings provided after classes for revision and continuity.</p> | <p><b>4</b></p>  <p><b>Faculty Notes &amp; Material</b></p> <p>Structured class notes and relevant academic material.</p> | <p><b>5</b></p>  <p><b>PYQ Discussions</b></p> <p>Relevant previous year questions integrated with classroom teaching.</p>            |
| <p><b>6</b></p>  <p><b>Answer-Writing Guidance</b></p> <p>Guidance on question demand, structure, thinkers, examples and analysis.</p>   | <p><b>7</b></p>  <p><b>Personalised Mentorship</b></p> <p>Focused academic guidance from Dr. Surendra K. Singh.</p>         | <p><b>8</b></p>  <p><b>Faculty WhatsApp Support</b></p> <p>Support for doubts and preparation-related queries.</p>  | <p><b>9</b></p>  <p><b>English Medium</b></p> <p>Classes and core academic instruction in English.</p>                  | <p><b>10</b></p>  <p><b>Approx. 5-Month Foundation</b></p> <p>A structured foundation journey from fundamentals to application.</p> |

## WHO SHOULD JOIN?

- Beginners starting Sociology from scratch
- Aspirants choosing Sociology Optional for UPSC
- Students from non-Sociology backgrounds
- Aspirants struggling with thinkers and concepts
- Students seeking direct faculty guidance
- Repeat aspirants wanting stronger conceptual clarity



**No prior academic background in Sociology is required.**

## WHAT YOU SHOULD GAIN



### Strong Concepts

Build clarity with core ideas and thinkers.



### Sociological Application

Learn to apply concepts to Indian and contemporary realities.



### Structured Guidance

Step-by-step academic support from basics to advanced application.



### Confident Answers

Develop analytical writing with depth, relevance and precision.

**Teaching + Mentorship + Accessibility.**

# READY TO BUILD YOUR **SOCIOLOGY** OPTIONAL THE RIGHT WAY?

Sociology is more than a subject.  
It is a way of seeing society.

Build that perspective with  
**Dr. Surendra K. Singh.**

Ph.D., University of Delhi | **27+** Years of Teaching Sociology



## THINK SOCIOLOGICALLY

Move beyond memorising content and learn to analyse society through concepts and perspectives.



## CONNECT THE TWO PAPERS

Use Paper I theory to strengthen Paper II and build an integrated understanding of Sociology.



## WRITE DISTINCTLY

Transform knowledge into structured, analytical answers that remain unmistakably sociological.



## JOIN **IAS PASS** SOCIOLOGY OPTIONAL FOUNDATION 2027

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Free discussions • learning activities • academic guidance



Understand Sociology. **Think Sociologically.** Write for UPSC.



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